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Sharers

- Rosemary & Garlic Camembert Baked in Sourdough, apple & fig chutney (v) (1239kcal for two to share) 14
- Whole Baked Sourdough, salted butter (v) (1319kcal for two to share) 5.5
- Nachos, flour tortillas, sour cream, avocado, chillies, tomato salsa, melted mature cheddar (v) (1272kcal for two to share) 10
- Halloumi Fries, chipotle chilli jam (v) (791kcal) 7
- Jamon Iberico Croquettes, saffron aioli (627kcal) 5.5
- Handmade Scotch Egg, bloody mary ketchup* (760kcal) 6.5
- Padrón Peppers, extra virgin olive oil, Maldon sea salt (ve) (229kcal) 5.5

Starters

- King Prawns & Chorizo, in homemade garlic butter, sourdough (571kcal) 7.5
- Spiced Parsnip and Sweet Potato Soup, coconut dressing, basil pesto, sourdough bread (ve) (270kcal) 6
- Korean-Style Fried Chicken, gochujang sauce, spring onion, red chilli (621kcal) 7
- Crispy Calamari, saffron aioli (382kcal) 7

Mains

- 8oz Sirloin Steak, triple-cooked chips, watercress, your choice of peppercorn* or beef dripping & thyme sauce (919kcal) 22
- Grilled Seabass Fillets, heritage potatoes, sauteed leeks, peas & chorizo, lemon, thyme & white wine velouté (927kcal) 15
- Steak, Shin & Pale Ale Pie, slow-cooked steak & beef shin in a rich St Austell Brewery Tribute gravy, clotted cream mash, pangrattato crumb, buttered leeks, savoy cabbage, bordelaise sauce* (1251kcal) 14
- Chicken Schnitzel, rocket and vine tomato salad, fries, saffron aioli (1064kcal) 14.5
- British Outdoor-Bred Pork Sausage & Spring Onion Mash, crispy tobacco onions, red wine jus. (1109kcal) 13
Vegetarian serve available (v) (613kcal)
- Nourish Bowl, long stem broccoli, spiced roasted chickpeas, vine tomatoes, houmous, pomegranate (ve) (451kcal) 12
Add: Chicken (194kcal) 3.5 | Halloumi (414kcal) 3
- Cheese Burger, grilled beef patty, smoked Cheddar cheese, fries, house sauce (1195kcal) 14 Add smoked streaky bacon (105kcal) 2
- Plant-Based Burger, Scotch Bonnet sauce, pink pickled onions, choice of fries (v) (1315kcal) or salad (ve) (1198kcal) 13.5
- Beer-Battered Atlantic Haddock & Triple-Cooked Chips, minted crushed peas, homemade tartare sauce (1067kcal) 14.5

Sides

- Halloumi Fries, chipotle chilli jam (v) (791kcal) 7
- Triple-Cooked Chips (v) (423kcal) 5
- Rosemary & Parmesan Fries, white truffle-infused oil (501kcal) 5.5
- Avocado & Cherry Tomato Salad (ve) (284kcal) 4.5
- Long Stem Broccoli, garlic, lemon, chilli, pine nuts (v) (163kcal) 4
- Croxtan Manor Mac & Cheese, beef dripping pangrattato (713kcal) 5.5

Desserts

- Belgian Chocolate Brownie, salted caramel sauce, honeycomb ice cream (v) (512kcal) 6
- Sticky Toffee Pudding, ginger ice cream (v) (888kcal) 6.5
- Apple & Damson Crumble, ginger ice cream (v) (822kcal) 6.5 Vegan serve available (ve) (806kcal)

Our easy to use allergen guide is available for you to use on the food section of our website or on our Glass Onion app. We keep it online so that it's always as up to date as possible and you can filter out dishes containing any of the 14 major allergens. If you can't access the internet, we will be happy to provide you with the information. Our food and drinks are prepared in food areas where cross contamination may occur, and our menu descriptions do not include all ingredients. If you have any questions, allergies or intolerances, please let us know before ordering.

(v) = made with vegetarian ingredients, (ve) = made with vegan ingredients, however some of our preparation, cooking and serving methods could affect this. If you require more information, please ask your server. *= This dish contains alcohol. Fish dishes may contain small bones. Weights stated are approximate uncooked weights. All items are subject to availability. Adults need around 2000kcal a day. All calories are correct at the time of menu print. Live nutritional information is available online.